

Advanced Coaching Practice: Working with the Tavistock Model in Executive Coaching **online**

TAVISTOCK
CONSULTING

A four day online course for experienced coaches

Are you an experienced executive coach interested in more deeply exploring the relational and systemic aspects of your clients' situations? Do you find yourself wondering about what happens 'in the moment' and how to take those opportunities in your work to go deeper? Are you curious about the systems-psychodynamic approach and how to use it to develop your coaching practice when working with clients remotely?

This advanced coaching practice course offers experienced coaches an ability to engage clients with the personal aspects of their work performance, explore the context to what clients bring and gain a better grasp of the ways wider organisational dynamics inhibit clients' success – and what they can do about it.

The Tavistock Model is a well-established approach in executive coaching that offers insight into personal dynamics as well as systems awareness and, most importantly, combines the two. This advanced coaching practice course is a complete introduction to our systems-psychodynamic approach that combines theory, personal reflection and experiential learning to create a reinvigorating and developmental space for participants.

In addition, we have been increasingly offering clients coaching and supervision on virtual platforms and this course draws on our experience in applying the Tavistock Model successfully online. The remote delivery will form one source of learning about the relational processes when working online.

Course outcomes

The course will develop your coaching practice in the following areas:

- Taking a systemic approach to your coaching work online coaching
- Developing your coaching stance, including how the Tavistock model fits for you
- Working at depth to draw out unacknowledged challenges
- Introducing the 'PRO' model: Person, Role and Organisation, exploring each dimension and how they interact
- Understanding organisational dynamics including projection in groups and across systems.

Upon completion of the course you will receive a Tavistock Certificate in Advanced Coaching Practice.



Course requirements

To enable a high-level of learning across a group of experienced coaches we will ask you to register with an application form confirming that:

- You have a coaching qualification accredited by EMCC, ICF, ILM or equivalent. Alternatively you have ten years' experience of coaching practice.
- You have a current executive coaching practice
- You are in on-going regular supervision for your coaching work.

Course outline

The course comprises two two-day modules and a one hour follow-up session across six weeks with a small consistent group. The time in between the modules will allow participants to apply and further deepen their learning.

Module 1

Your coaching development

Organisational and group dynamics

Person role and organisation framework

Working at depth with emotions

Systems in coaching.

In-between modules

Complete a reflective note and prepare session notes for discussion at the second module. We invite and expect participants on this course to share their own material in group discussions in order to develop their learning.

Module 2

Coaching skills development

Learning from experiences of the approach in coaching practice

Your coaching development revisited.

Follow-up session

One hour follow up session. After module two you will have a one hour follow up session to review your learning and experience of using the approach in your coaching with one of the course faculty.

Faculty

Robyn Vesey is an organisational consultant and executive coach, working across sectors with individuals and groups to promote effectiveness, development and adaptation. Previously a Consultant Clinical Psychologist, and university tutor Robyn's coaching experience includes senior clinicians and managers in the NHS, sales executives in a global corporation, and CEO's and Directors in the Charity sector. She is faculty on the Tavistock Consulting Executive Coaching Programme.

Bev Thomas has worked as an executive coach and consultant for over 25 years in both the public and private sector. Prior to this, she worked in the NHS as a clinical psychologist and now uses skills in the assessment and diagnostic process in her organisational work. She is interested in the factors that can enhance and inhibit teamwork and leadership and often works with organisations in conflict or traumatised by an event or process. She is faculty on the Tavistock Consulting Executive Coaching Programme.

To discuss the course content, please contact:

Robyn Vesey
RVesey@TavistockConsulting.co.uk

To register or find out more email
TC@TavistockConsulting.co.uk

Cost: £1,350 per person

This course can also be commissioned specifically for your organisation.