

Executive Coaching Programme September 2022

**Course Location**

London and online

Course Length

Over 18 months

Dates21 September 2022 -
onwards**Fees**

£8500

Programme Directors

Robyn Vesey

Ben Neal

Are you looking to develop your coaching career? Do you want a coaching qualification that will help you to work at a deeper level with your clients?

At Tavistock Consulting we have a unique way of working with our executive coaching clients in the commercial, public and voluntary sectors. Our approach helps our clients to understand and address the personal and organisational dynamics that impact on their

Our Executive Coaching Programme draws on a systems psychodynamic approach using different and accessible learning techniques. It is designed to develop your confidence as an executive coach and help you to work in a more meaningful and deeper way. In addition, it has been accredited at Senior Practitioner Level by the European Mentoring and Coaching Council (EMCC).

Participants undertake ninety hours of coaching and receive intensive supervision, both one to one with an experienced supervisor in small coaching syndicates on the course and in the supervision groups. The learning will take place both in person in London, and online.

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Programme content and delivery

Our Executive Coaching Programme uses a range of learning techniques to develop your in depth coaching skills, including: skills practice, experiential exercises, facilitated role-play, theory presentations, supervised coaching practice, coaching syndicate groups, video analysis and reflective plenary sessions. There is a focus on noticing and making sense of your actions, both as a coach and in the learning environment: the experiential learning for which the Tavistock is known worldwide.

Delivered over two-day module blocks over five months, participants submit reflections on their experience following each block of teaching. You will receive detailed feedback on these from staff, in order to further develop your reflective capacity.

You will develop your own coaching practice under group and individual supervision as well as keeping a reflective log of your coaching development and learning from the programme.

The five modules cover the following:

- Defining the task of coaching and its boundaries
- Understanding and developing oneself as an effective coach
- Practising in depth coaching skills
- Working with difference and issues of diversity
- Developing the coaching relationship with clients
- The impact of coaching on the client's organisation
- Linking coaching to the wider business and professional environment
- Professional development and ethical practice.

Dates of delivery

[Introductory session 21 September 2022 \(online\)](#)

[Module 1 \(in person\)](#)

Introduction to the Systems Psychodynamic Model
Skills Development: Beginning Phase of Coaching
26 and 27 September 2022

[Module 2 \(online\)](#)

Developing hypotheses.
Skills Development: The Middle Phase of Coaching
28 and 29 November 2022
Group supervision 30 November 2022

[Module 3 \(in person\)](#)

Working with change.
Skills Development: The End Phase of Coaching Reviewing;
re-contracting and endings
6 and 7 February 2023

Group supervision (online) 8 February 2023

[Mid-programme review \(online\) 14 March 2023](#)

[Module 4 \(online\)](#)

Practising Advanced Skills
Coaching Practice using Video Feedback
24 and 25 April 2023
Group supervision 26 April 2023

[Module 5 \(in person\)](#)

Skills Laboratory: Further Work with a Systems-Psychodynamic model.
Professional practice and the wider Coaching Context
26 and 27 June 2023
Group supervision 28 June 2023

[Group supervision sessions \(in person\)](#)

12 September 2023
7 November 2023

In addition there will be four 1.5 hour reading seminars between modules, dates will be confirmed in advance of the programme. Individual supervision: 8 x 1hr sessions – dates by arrangement.

Who should attend this course?

The course is suitable for practising coaches who want to work at a deeper level with clients. It is also suitable for organisational consultants who wish to develop their one-to-one skills or clinicians, managers and leaders wanting to add executive coaching to their portfolio.

Entry requirements

There are no academic qualifications required for entry into the course, and participants come from many professional backgrounds. Participants share a desire to work at a deeper one-to-one level with clients in organisations, in order to help improve working relationships and personal effectiveness.

Some participants have already completed the Tavistock and Portman course in 'Consulting and Leading in Organisations: Psychodynamic and Systemic Approaches', where the practice emphasis is on working with teams. Some participants have trained as clinicians (eg psychotherapists), or have a coaching qualification from a different institution. Others have been managers/ leaders and are seeking to develop one-to-one skills, having been inspired to coach by their experience of working in organisations as employees.

Decisions about suitability are based on a one-to-one interview with the course faculty.

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